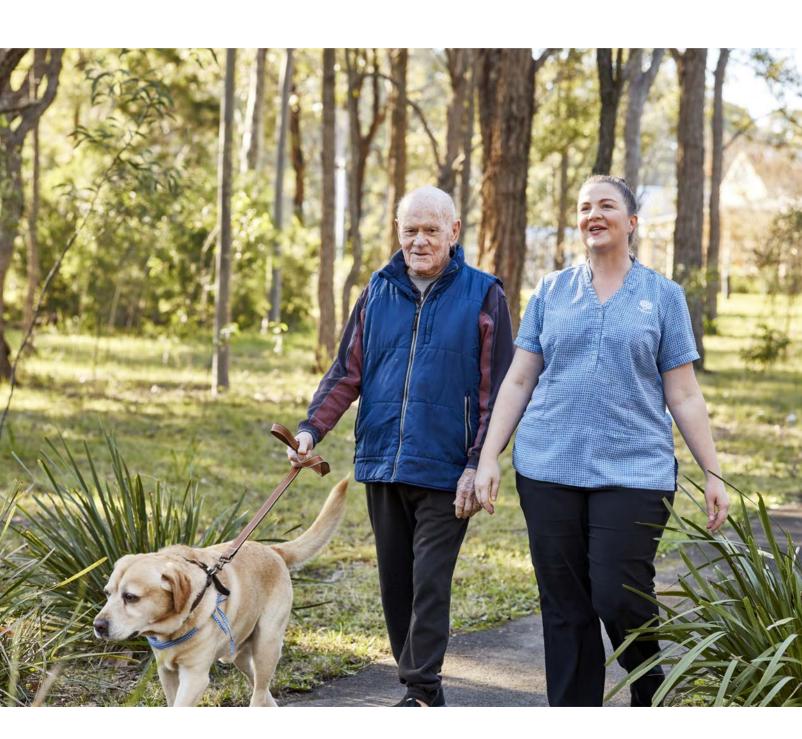
### **Jean Ross House**

Residential aged care 2025









## Respect

Imagine a day filled with friendship, love and joy, knowing there's always a welcoming space to enjoy time with friends or simply have a quiet moment to yourself.

Discover Jean Ross House, a beautiful home where you can be as independent as you like, with personalised care and support, so you feel valued and loved.

To hear what residents and family have to say scan here.





# Belong

Grab a bite to eat when it suits you. From tasty sweets to healthy snacks, there's always something delicious available from the 24/7 snack bar.

# Connection

Come together with your friends in the nearby dining area and enjoy a range of freshly prepared meals, good conversation and laughs.

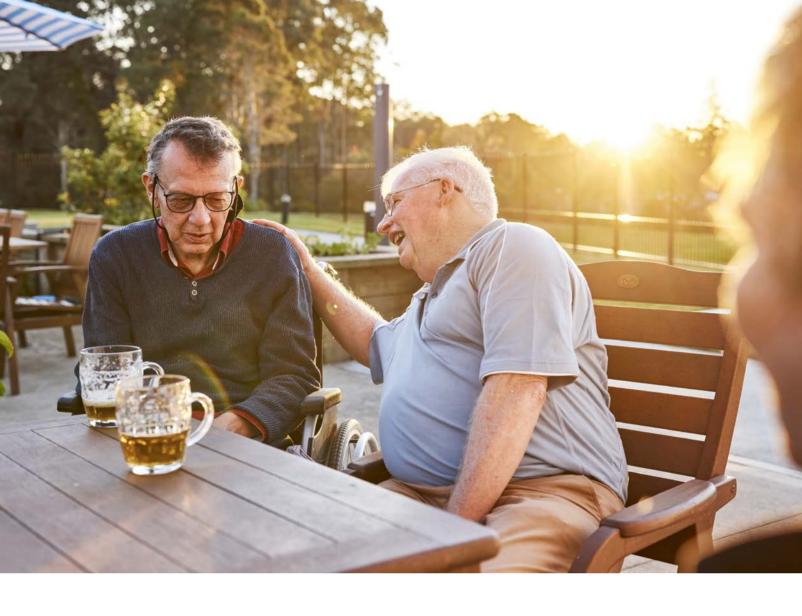
If you have ideas to share, join the food and dining focus group to work with the hospitality team and create seasonal menus for all to enjoy.





# Joy

For Margaret, gardening isn't just about the harvest, it's also about the friendships. "I do look forward to gardening with my friends," she adds, cherishing the quality time spent together.



## Social

The men's group at Jean Ross House feels like an easy afternoon with old friends. For these men, it's a place to feel part of a group that values connection, conversation, and the simple pleasure of spending time together.



#### **Comfort**

Picture walking into your own private space at the end of a fun-filled day. On the walls, artwork and pictures tell your story.

Your bookcase holds your treasured novels, photos and keepsakes that spark a smile. This is your retreat. Here, every detail is a reflection of what makes you, you.

#### **Outdoors**

Nestled among peaceful bushland, the outdoor spaces at Jean Ross House are a haven for residents and their loved ones. Whether it's a chat over a cuppa or simply soaking in the tranquility together, these serene spots offer the perfect backdrop for connection and relaxation



#### Care

#### **Rhythm of Life®**

Your care experience at Anglicare is designed to be as unique as you are. Your independence, routines and preferences matter, and your story shapes the care and support you receive. We're here to walk alongside you, ensuring your care is truly personal to you.

That's why we created Rhythm of Life® - our model for person-centred care. This unique program is guided by eight principles designed to support your choices, enrich your quality of life and empower you to live the way you want.





Has a unique story.



Deserves honour and respect.



Will be supported to make decisions relating to their life.



Will be shown the love of Jesus.



Will have their needs and preferences acknowledged and valued.



Will be encouraged to maintain and develop relationships that are meaningful.



Will be provided with holistic care that meets their individual needs.



Will be supported to feel safe, comfortable, welcome and 'at home'.

# Aged care that's personal

#### **Jean Ross House**

189 Old Southern Road, South Nowra NSW 2541

anglicare.org.au/jean-ross 1300 111 278

