

At Croydon Grove Care Community we encourage our residents to live a life of meaning and purpose. That's why understanding the big and the little details about how you like to live each day is important to us – so that we can help you feel at home, have the right support and live your best life in our care.

Located in the leafy suburb of Croydon, our residents enjoy the best of both worlds with peaceful views of the Dandenong Ranges and Yarra Valley, in a vibrant community just 40 minutes from Melbourne's CBD.

We have strong ties to the local community and our retirement village neighbours are part of our extended family, often joining in activities together. Residents enjoy all kinds of creative pursuits, keeping active with walking groups in the 35 acres of native gardens, with welcoming spaces for social gatherings and catch ups with family and friends.

# Experience the Opal HealthCare difference at Croydon Grove



### **Daily life**

Our residents enjoy access to their own gardens, keeping green thumbs busy year-round.

We encourage a meaningful lifestyle with walking groups, a men's group, and creative pursuits such as singing, music, arts and crafts.

Our 35 acres of native gardens are a source of pleasure for many to stay active, take a stroll or simply enjoy a moment of reflection. Welcoming spaces provide the perfect setting for social gatherings and catch ups with family and friends.

With us, you're free to enjoy your interests, independently or with others, continue to learn and try new things, and participate in Croydon Grove life – so you can enjoy your day, your way.



#### Health & wellbeing

- Social activities that encourage friendship and connection
- Seasonal menus and regular happy hour
- Dedicated lifestyle team onsite
- Music, art and pet therapy
- Cultural and faithbased community supports
- Dedicated Opal HealthCare bus for community outings



#### Home

- Comfortable single rooms with private ensuites
- Welcoming communal spaces
- Large windows with plenty of natural light and views of the beautiful gardens
- Hair salon
- Close to public transport



#### Care

- Secure memory care neighbourhood
- Registered nurses onsite 24/7
- Experienced leadership and team
- Fresh and nutritious chef prepared meals
- Sensory gardens and memory supports





## Get in touch

Our dedicated relationship management and admissions support team are here to walk you through the often daunting process of choosing and moving into aged care.

Our purpose is to bring joy to those we care for.



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