

The Terraces

Residential aged care
2025





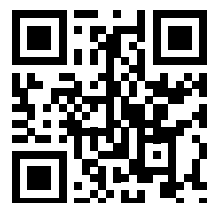


Respect

Imagine a day filled with friendship, love and joy, knowing there's always a welcoming space to enjoy time with friends or simply have a quiet moment to yourself.

Discover The Terraces, a beautiful home where you can be as independent as you like, with personalised care and support, so you feel valued and loved.

To hear what residents and family have to say scan here.





Belong

I always ask what they'd like and what they want to have," Luis the Chef says. "If they're happy, I'm happy." These conversations shape the menu, ensuring it's filled with comforting dishes and familiar flavours.



Connection

Come together with your friends in the nearby dining area and enjoy a range of freshly prepared meals, good conversation and laughs.

If you have ideas to share, join the food and dining focus group to work with the hospitality team and create seasonal menus for all to enjoy.





Joy

The vibrant energy of Paddington blends seamlessly with the serenity of the landscaped gardens at The Terraces. Residents and family enjoy catching up in the peaceful, open spaces that offer a quiet retreat in the heart of the city.



Social

The cosy indoor lounge is the perfect space to catch up with friends and family. At The Terraces, there's always a welcoming spot to share a laugh, play a game or simply be together with the people you love.



Comfort

Picture walking into your own private space at the end of a fun-filled day. On the walls, artwork and pictures tell your story.

Your bookcase holds your treasured novels, photos and keepsakes that spark a smile. This is your retreat. Here, every detail is a reflection of what makes you, you.



Family

A chessboard set up in the lounge or paintbrushes ready for art, there's always something to enjoy. At The Terraces, you'll be supported to continue with your passions and hobbies or try something new. Every day is filled with opportunities to stay connected and active.



Care

Rhythm of Life®

Your care experience at Anglicare is designed to be as unique as you are. Your independence, routines and preferences matter, and your story shapes the care and support you receive. We're here to walk alongside you, ensuring your care is truly personal to you.

That's why we created Rhythm of Life® - our model for person-centred care. This unique program is guided by eight principles designed to support your choices, enrich your quality of life and empower you to live the way you want.

Everybody...



Has a unique story.



Deserves honour and respect.



Will be supported to make decisions relating to their life.



Will be shown the love of Jesus.



Will have their needs and preferences acknowledged and valued.



Will be encouraged to maintain and develop relationships that are meaningful.



Will be provided with holistic care that meets their individual needs.



Will be supported to feel safe, comfortable, welcome and 'at home'.

Aged care that's personal

The Terraces

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Anglicare